

**Minutes**  
**FREMONT SENIOR CITIZENS COMMISSION**  
**REGULAR MEETING**  
**Friday, March 21, 2014**  
**9:30 – 11:00 am**  
**Fremont Senior Center – Wing A**  
**40086 Paseo Padre Parkway**  
**Fremont CA 94538**

**1. CALL TO ORDER**

Commissioner Creveling called the meeting to order at 9:30 am.

**2. ROLL CALL**

**Present:** Commissioners Berndl, Churchill, Creveling, Desai, Hobbs, Helton, Kimberlin, Mirchandani, Rhodes-Jones & Thomas

**Absent:** Commissioner Vaidya & Walsh

**Excused:** Commissioner Chugh

**3. SALUTE TO THE FLAG**

- Commissioner Rhodes-Jones led the salute to the flag.

**4. APPROVAL OF MINUTES of the Regular Meeting of January 17, 2014 and the Joint Meeting of February 21, 2014.**

- Commissioner Mirchandani moved that the minutes from the January 17, 2014 meeting be accepted as presented. Commissioner Desai seconded the motion. *M/S/P*
- Commissioner Hobbs moved that the minutes from the February 21, 2014 meeting be accepted as presented with the change in attendance (Commissioner Churchill was present). Commissioner Desai seconded the motion. *M/S/P*

**5. ORAL COMMUNICATIONS**

None

**6. WRITTEN COMMUNICATIONS**

None

## **7. OLD BUSINESS**

### **7.1 FY 2013-2014 Social Services Grant Mid-Year Evaluation**

**Process** - Leticia Leyva, Human Services

- Leticia Leyva, Human Services was not able to attend the meeting. In her absence, Karen Grimsich reviewed the Social Service Grant Mid-Year Agency Evaluation Timeline. Leticia will be presenting scores to the commissioners at the April meeting.

**Handout:** FY 13/14 Social Service Grant Mid-Year Agency Evaluation Timeline

## **8. NEW BUSINESS**

### **8.1 Senior Commission Elections – Bob Creveling, SCC Chair**

- Commissioner Creveling opened up the nominations for Senior Citizens Commission Chair.
- Commissioner Thomas nominated Commissioner Churchill. Commissioner Mirchandani seconded the nomination. Commissioner Churchill accepted the nomination.
- Commissioner Hobbs moved to close the nominations. Commissioner Rhodes-Jones seconded the motion.
- Commissioner Creveling asked for the vote. Commissioner Churchill was unanimously elected to the position of Chair.
- Commissioner Creveling opened up the nominations for Senior Citizens Commission Co-Chair.
- Commissioner Churchill nominated Commissioner Hobbs. Commissioner Mirchandani seconded the nomination. Commissioner Hobbs accepted the nomination.
- Commissioner Berndt moved to close the nomination. Commissioner Helton seconded the motion.
- Commissioner Creveling asked for the vote. Commissioner Hobbs was unanimously elected to the position of Co-Chair.

### **8.2 Appointments to the Senior Citizens Commission Action Areas – Bob Creveling, SCC Chair**

- Commissioner Creveling appointed himself and Commissioner Rhodes-

- Jones to the open positions on the Facility Sub-Committee.
- Commissioner Creveling appointed Commissioner Desai to the open position on the Tri-City Elder Coalition.

## **9. COMMISSION REPORTS**

### **9.1 Builders Fund – Commissioners Berndl, Mirchandani, & Vaidaya**

- Commissioner Berndl/Vaidaya resigned from this Action Area.
- There was no report given as none of the Commissioners were able to attend the meeting. Linda Olla did share that the Builders Fund recently purchased a new steamer for the kitchen.

### **9.2 Facility Sub-Committee – Commissioner Hobbs**

- Commissioner Hobbs handed this report over to Linda Olla. Linda shared that at the last Facility Sub-Committee meeting she discussed the following items:
  - Renovation plans for the Senior Center
  - Successful Crab Feed
  - Review of classes
  - Information on the Warming Center that operated at the Senior Center for 11 days in March.

### **9.3 Health Issues – Commissioner Helton**

- Commissioner Helton reminded the Commission that the City of Fremont Fire Department holds CERT (Community Emergency Response Team) classes as well as PEP (Personal Emergency Preparedness) classes. She will send out class schedules for both of these via email.
- Commissioner Helton also talked about the Community Watch Program which is done through the City of Fremont Police Department. All of these programs apply to everyone, but there are certain aspects of the programs that all seniors need to be made aware of.
- Commissioner Creveling reminded the Commission that there will be a Scam Stopper meeting at the Senior Center on Friday, May 23, 2014.

### **9.4 Senior Legislation – Commissioner Thomas**

- Commissioner Thomas reminded the Commission that part of their job

is to share the information brought to the meetings with the rest of the community. He feels that it would also be great if there was a process in place that would allow them to also share information with Newark and Union City Commissions. Commissioner Thomas also suggested having a periodic joint meeting between the three commissions.

## **10. COMMISSION REFERRALS**

None

## **11. STAFF REPORTS**

### **11.1 Aging & Family Services – Karen Grimsich, Aging & Family Services Administrator**

- Karen announced that the Health Expo will be held at Lake Elizabeth/Senior Center again on Friday, June 6. Karen shared that they are expecting 100+ vendors this year. She also shared that there will be more tenting to protect people from the heat, and there are plans to lay down hard flooring to make it easier for those using walkers/wheelchairs. She encouraged the commissioners share this with people they know.
- Karen shared that the City of Fremont received an award for the CAPs program from the League of Cities. Suzanne Shenfil and Asha Chandra were at the event in Washington DC to accept the award.
- Karen announced that the Mobile Mental Health Program just got awarded a grant through the county. The program will be adding “peers” (people that have gone through the program and are now doing better) to help give people a “coach”. This grant is for an 18 month program.
- Karen shared that the taxi voucher program that Shawn Fong had spoken about last year has now started. This program is run through the ParaTransit program.
- Karen asked the Commissioners if they would like to have someone come to a future meeting and talk with them about different mental health issues. Commissioner Hobbs asked that the presentation include a section on how family members cope and also receive the support they need.
- At this point in the meeting, Commissioner Creveling asked if we could please add a **new action area** for Veterans. If done, he suggested that Commissioner Thomas be appointed to sit on that Action Area.

### **11.2 Senior Center – Linda Olla, Senior Center Manager**

- Linda reviewed details of the bathroom renovation that is due to start in mid/late-June. She shared that they are very close to getting plans authorized
- Linda discussed the office renovation and what that would involve.
- Linda announced that there will be a speaker coming from CHP. The name of the presentation is “Age Well – Drive Smart.”

*Handout – Age Well – Drive Smart*

### **12.COMMISSION COMMENTS**

- Commissioner Kimberlin brought up the option of using social for getting information out to the public.
- Commissioner Thomas shared that in 2 weeks (he will email the exact date) there will be a Veteran’s Fair in Niles.
- Commissioner Creveling thanked the Commission for the support they have given him over the two years he was the Chair of the Commission.

### **Adjournment**

There being no further business the meeting was adjourned at 11:05.

Respectfully submitted by Lynn R Hood, Recording Secretary